

GMERS MEDICAL COLLEGE VALSAD

Proposed Schedule of Foundation Course for I MBBS students (2022- 23 Batch)

Time:	9:00 -10: 00	10:00 -11:00	11:00- 12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00
Day 1	Welcome ,Prayer & lamp lighting ceremony	The Medical Profession : Dean & MS Address	Overview of MBBS course& White coat ceremony Micro	HOD address & Interaction with I MBBS faculty	Lunch	Hostel Allotment & Hostel visit Warden		
Day 2	Self - Intro by the students	Ice breaking – games and activities		Experience sharing of senior students of II Proff	Lunch	Rules and regulations for Exams, Attendance Internal Assessment	Introduction to library	
Day 3	Anti ragging Awareness	Introduction to Pre and Para Clinical Subjects		Introduction to Clinical Subjects Medicines	Sports			
Day 4	Medicine- The art and science of healing	What is a Hospital? A.H.A	Expectation of Society from Doctors PSM	Professional qualities and role of doctors	Lunch	College & Hospital Round(3 Batches)		
Day 5	History of medicine. (Vaccination) PSM	Health care delivery system in India PSM	Introduction to national Programmes PSM	Introduction to breast Feeding PSM	Lunch	Celebration of Breast feeding week (Poster/Slogan competition) PSM		
Day 6	Medical ethics and Professionalism FM	Alternate Medicine system. Ayush OPDIC	Yoga & Healthy lifestyle Yoga & Healthy lifestyle	Immunization requirement for health professionals, Patient safety & Biohazards Micro	Lunch	Computer & language skills	Sports	

Day 7	Stress management Psych	Stress management	Stress management	Handwashing and Biomedical safety Micro	Lunch	Computer & language skills	Sports
Day 8	Communication Skills ENT	Communication Skills (Group Activity, Role Play)	Communication Skills (Group Activity, Role Play)	Communication Skills (Group Activity, Role Play)	Lunch	Computer & language skills	Sports
Day 9	Yoga Session	Yoga Session	Medical negligence , Medicolegal cases FM	Violence against doctors: Doctor no longer God? FM	Sports		
Day 10	Group Dynamics- Learning as individual and as a team	Group Dynamics- Learning as individual and as a team	Field Visit	Field Visit	Lunch	Computer & language skills	Sports
Day 11	Adolescent Health PSM	Adolescent Health	Field Visit	Field Visit	Lunch	Computer & language skills	Sports
Day 12	Gender sensitivity and self defence	Doctor patient relationship PSYCH	Field Visit	Field Visit	Lunch	Computer & language skills	Sports
Day 13	Privileged communication FM	Consent FM	Field Visit	Field Visit	Lunch	Computer & language skills	Sports
Day 14	Concept of generic Medicine Pharma	Nursing care Matron	Field Visit	Field Visit	Lunch	Computer & language skills	Sports
Day 15	BLS/First Aid/108 Anasthesia	BLS/First Aid/108 Anasthesia	Cadaver as our first teacher Anatomy	Cadaver as our first teacher	Lunch	Computer & language skills	Sports

Day 16	BLS/First Aid/108	BLS/First Aid/108	Cadaver as our first teacher	Cadaver as our first teacher	Lunch	Computer & language skills	Sports
Day 17	BLS/First Aid/108	BLS/First Aid/108	Leadership & Teamwork Micro	Leadership & teamwork	Lunch	Computer & language skills	Sports
Day 18	Simulation based learning Anaesthesia	Simulation based learning	What is Self-Directed Learning ENT	What is Self-Directed Learning ENT	Lunch	Computer & language skills	Sports
Day 19	Medical photography Radio	Use of online resources	Use of online resources	Social media in medicine Patho	Lunch	Computer & language skills	Sports
Day 20	Learning pedagogy Ophthal	Learning pedagogy Ophthal	Learning from members of healthcare team. Pedia	Peer assisted learning	Lunch	Computer & language skills	Sports
Day 21	Career Pathways	Career Pathways	Social taboos in healthcare Surgery	Social taboos in healthcare Surgery	Lunch	Computer & language skills	Sports
Day 22	Introduction to research Micro	Student researcher ICMR STS	Student researcher ICMR STS	Reflective writing	Lunch	Computer & language skills	Sports
Day 23	Optimizing learning and performance Patho	Optimizing learning and performance	Role modeling Gynac	Feedback	Sports		

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PROPOSED TIME TABLE FOR I MBBS (2022 – 23 BATCH)

DAY	9: 00AM TO 10:00AM	10:00 AM TO 11:00AM	11:00AM TO 12:00PM	12:00PM TO 01:00 P.M	1:00 PM TO 2:00 PM	2PM TO 5 PM	
MONDAY	BIOCHEMISTRY (LECTURE)	PHYSIOLOGY (LECTURE)	BIOCHEMISTRY (LECTURE)	PHYSIOLOGY (LECTURE)	LUNCH	PRACTICALS / SGT / TUTORIALS/SDL BIOCHEMISTRY (50 STUDENTS) PHYSIOLOGY(100 STUDENTS)	
TUESDAY	ANATOMY (LECTURE)	ANATOMY (LECTURE)	ANATOMY DISSECTION / SGT / TUTORIALS/SDL	ANATOMY DISSECTION / SGT / TUTORIALS/SDL		ANATOMY PRACTICALS / SGT / TUTORIALS/SDL (150 STUDENTS)	SPORTS(4-5 P.M)
WEDNESDAY	PHYSIOLOGY (LECTURE)	BIOCHEMISTRY (LECTURE)	PHYSIOLOGY (LECTURE)	COMMUNITY MEDICINE (LECTURE)		EARLY CLINICAL EXPOSURE (2-5 pm) 1 ST WEEK ANATOMY 2 ND WEEK BIOCHEMISTRY 3 RD WEEK PHYSIOLOGY 4 TH /5 TH WEEK INTEGRATED TEACHING	
THURSDAY	ANATOMY (LECTURE)	ANATOMY (LECTURE)	ANATOMY DISSECTION / SGT / TUTORIALS/SDL	ANATOMY DISSECTION / SGT / TUTORIALS/SDL		ANATOMY PRACTICALS / SGT / TUTORIALS (150 STUDENTS)	
FRIDAY	PHYSIOLOGY (LECTURE)	PHYSIOLOGY (LECTURE)	BIOCHEMISTRY (LECTURE)	COMMUNITY MEDICINE (LECTURE)		PRACTICALS/SGT/ TUTORIALS/SDL BIOCHEMISTRY (50 STUDENTS) PHYSIOLOGY (100 STUDENTS)	SPORTS/AETCOM (4-5 P.M)
SATURDAY	ANATOMY (LECTURE)	ANATOMY (LECTURE)	ANATOMY DISSECTION / SGT / TUTORIALS/SDL	ANATOMY DISSECTION / SGT / TUTORIALS/SDL			